

Autumn 2003

# The AMC IN CONNECTICUT



Appalachian Mountain Club  
Connecticut Chapter  
32 Highland Avenue  
Redding, CT 06896

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- ✿ Annual Meeting Preview
- ✿ The August Camp Experience
- ✿ Mountain Leadership Exhilaration
- ✿ Trail News from CFPA
- ✿ ATC Biennial Review



## COMING EVENTS:

- Sat. Oct. 18 - East of the River Fall Dinner & Presentation, First Church of Christ, Mansfield
- Oct. 25-26 - Fall Gathering Hosted by the Berkshire Chapter, Becket, MA
- Wed. Nov. 12 - Southern Fairfield County Social, Christ and Holy Trinity Church, Westport
- Sat. Nov. 15 - Chapter Annual Meeting, Multimedia Extravaganza - "Scraping Heaven: A Family's Journey Along the Continental Divide," Farmington Marriott
- Nov. 21-23 - AMC-CT Chapter Leadership School, White Memorial, Litchfield



# The AMC

## IN CONNECTICUT

VOLUME 24, NUMBER 3

AUTUMN 2003

### A View From The Chair by Dale Geslien

These are exciting times to be a member of the AMC. So many new opportunities are available to us. The Maine project, part of AMC's vision for 2010, has been kicked off with the purchase of Little Lyford Pond Camps. The sporting camp, located between Greenville and Brownville Junction, Maine, opened in 1874 and offered backcountry skiing, snowshoeing, hiking, paddling, and fishing opportunities for many decades. The AMC will continue the tradition by keeping the camps open so we can continue to enjoy these outdoor activities. See [www.outdoors.org](http://www.outdoors.org) for more information and to make reservations.



The Highland Center in Crawford Notch opened in September and had such a successful response to the special Chapters Weekend, September 12-14, that another opportunity to experience the center, at a special chapter rate, has been scheduled for December 12-14. I encourage you to take advantage of this additional opportunity to see the home of the Leadership Training Institute and all the area has to offer.

Closer to home, there are many ways to experience AMC with the Connecticut Chapter. Come to the Annual Meeting. This will be on Saturday, November 15 at the Farmington Marriott. A fun-filled day with a wide variety of workshops ranging from instructional sessions to "Mama Lipton's Appalachian Adventure." Meet committee chairs and members, peruse the Book and Used Equipment Sales. And, after dinner and a brief business meeting, you can enjoy Cindy Ross's multimedia slide/music presentation. Details are found elsewhere in this newsletter.

If you're interested in volunteering, give me a call or send me an email, and we can determine the best fit for you based on your interests, available time and skills. Joining the AMC Conservation Area Network (CAN) will keep you apprised of conservation issues and allow you the opportunity to contact the appropriate parties to make your voice heard. (See [www.outdoors.org](http://www.outdoors.org) to join.) Perhaps you're thinking about becoming one of our activity leaders. Consider participating in our Leadership Training School or a Leadership Training Session. Trail work can be very satisfying. How about giving one day of service to maintain the trails we all love to enjoy? Work parties are listed in the Backcountry section of the Outdoors and on our website, [www.ct-amc.org](http://www.ct-amc.org). Maybe you

*Continued on page 2 . . .*

## Chapter's Annual Meeting

Author Cindy Ross Guest Speaker

by Fred Iannotti

Helen Keller said, "Life is either a daring adventure or nothing at all." It was with this in mind that seasoned trekkers Todd and Cindy Ross set out to hike along the 3,100-mile Continental Divide Trail from Canada to Mexico with their two toddlers, Sierra and Bryce, and a string of four llamas. From that journey came Cindy's Ross's book, "Scraping Heaven: A Family's Journey Along the Continental Divide" — and her narrated, music-filled, multimedia slide presentation of the same name.

Come join Cindy as she recounts her family's incredible five-summer trek along the crest of the Rocky Mountains.

Cindy will also be doing a book signing earlier in the day.

Author Ross will be the first feature speaker at the new home of our Annual Meeting — the Farmington Marriott, right off I-84 Exit 37. On Annual Meeting Day — Saturday, November 15 — you will enjoy a facility that is more spacious, has an indoor parking garage, and enables us to hold our activities in a separate wing of the hotel.

The cost of attendance at the afternoon workshops and dinner is \$29.

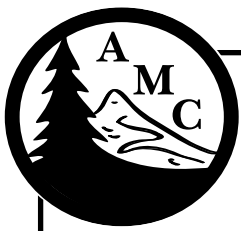
**Important:** Mail check payable to "AMC-CT Chapter" to: Jeri Jaminet, 59 Birch Road, South Windsor, CT 0607; email: [jerijoy@cox.net](mailto:jerijoy@cox.net). (Sorry, NO credit cards.) All dinner registrations must be received by November 8. There's NO confirmation; just check in at the registration desk.

An early morning (9 AM to 12 NOON) three-hour CPR course kicks off the day's events. You must register separately for the combined American Heart Association HeartSaver CPR workshop and first-aid-for-choking workshop — just bring \$30 or a check payable to "Leo Kelly." Leo's email: [LGK48@aol.com](mailto:LGK48@aol.com).

We'll again have a dozen afternoon workshop sessions to choose from — including a special treat of a two-hour guest appearance by "Avatar" the llama and his Fairfield Llama Farm owner, Deborah Frock, who operates llama hikes in the White Mountains.

We'll also have our traditional sales of books and used equipment in the main exhibit hall, along with tabletop displays by the Chapter's committees and other groups.

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# The AMC

IN CONNECTICUT

*The Newsletter of the Connecticut Chapter -  
Appalachian Mountain Club*

**Volume 24, Number 3, Autumn 2003**

**Editor:** Mike House

**Copy Editor:** Kristin Sutherland

Please send future newsletter submissions to:

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Please send all address corrections to:

AMC, 5 Joy Street, Boston, MA 02108 or [information@outdoors.org](mailto:information@outdoors.org)

## Uncle AMC Wants You!

**Newsletter Committee** - Reporters & Photographers Needed. If you are interested in contributing to the AMC-CT newsletter as a writer, reporter or photographer, please contact [mikehouse@comcast.net](mailto:mikehouse@comcast.net)

**Membership Committee** - Membership Committee Co-chair needed. Position entails dealing with new members; encouraging people to join AMC and putting on the New Members Day Social next September. For more information contact Mary Ann at (860) 429-1163 or [LKouyoumjian@juno.com](mailto:LKouyoumjian@juno.com)

**Leadership Training School** - Education Committee is looking for any current leaders interested in becoming part of the Leadership Training School staff to help with a variety of logistical items from teaching to conducting role plays: Contact Leo Kelly at [lgk48@aol.com](mailto:lgk48@aol.com) for further info.

**Fairfield County Group** - If you can commit to about 10-20 minutes a week to edit an MS-Word file on a PC, then please email Fiona: [Nicholson\\_Fiona@yahoo.com](mailto:Nicholson_Fiona@yahoo.com).

**Program Committee** - If you would like to join the Program Committee's team to help at the Annual Meeting, - it's an all-AMC-volunteer effort and we'd appreciate your involvement! - please contact committee chair Fred Iannotti (203) 426-3197 or [fiannotti@earthlink.net](mailto:fiannotti@earthlink.net)

**2004 Woodstock Weekend Event** - Save the Dates: October 22-24, 2004. Come Experience "The Magic of the Quiet Corner" at YMCA's Camp Woodstock. New Lodges! New Dining Hall! Co-Chairs Carolyn Olsen and Dot Davis are looking for volunteers to help plan and produce this event. Only a love of Connecticut and a desire to help show it off to the rest of the AMC is needed. Contact Carolyn Olsen at: (860) 569-2149 or [carolynolsen@juno.com](mailto:carolynolsen@juno.com)

### **AMC Fairfield County Group Social Dinners**

The location has changed for the AMC-FCG Social Dinners, held every other month (except July), on the 2nd Wednesday. The new meeting place, beginning November 12th, 2003, will be at the Christ and Holy Trinity Church, 75 Church Lane, Westport 06880. See the FCG web-page [www.ct-amc.org/Fairfield/fcg.htm](http://www.ct-amc.org/Fairfield/fcg.htm) for more information on presenters and detailed directions.

## CT Chapter Leadership School On Tap November 21 - 23

The AMC Connecticut Chapter will host a Leadership School at Litchfield's White Memorial Conservation Center beginning at 7 PM Friday, November 21 through 4 PM Sunday, November 23. AMC volunteers from throughout New England will lead the school covering key aspects of trip leadership. Tuition is \$40 for AMC members (\$50 for non-members) and includes instruction, handouts and meals. For more information or to register, contact Leo Kelly, 48 Seaview Avenue, West Haven, CT 06516; email [lgk48@aol.com](mailto:lgk48@aol.com). Enrollment is limited.

### **Don't Miss AMC's Leadership Training Institute Conference**

You're invited to attend the First Annual Appalachian Mountain Club Leadership Training Institute Conference on December 6 and 7, 2003 at the Highland Center at Crawford Notch! The Leadership Training Institute (LTI) is a new AMC program offering comprehensive outdoor leadership training programs. Conference workshops based around our theme of "Volunteers in Outdoor Leadership" and led by field experts and AMC volunteers and staff will offer valuable training in risk management, group dynamics, backcountry skills, volunteer leader recruiting, and so much more! Registration forms are available at [www.outdoors.org/education/lti](http://www.outdoors.org/education/lti) or call (617) 523-0655 ext. 308 for more details.

### **Nominate a Teen for the Harry Duren Scholarship**

The Harry Duren Scholarship was established by the Connecticut Chapter of AMC in memory of Harry Duren, a very active long-time Connecticut Chapter member. It provides outdoor experiences to financially challenged young people ages 12 to 18 with a love of the outdoors and a desire to learn more about it. Scholarship recipients can participate in activities such as backpacking, canoeing, rock climbing, or trail work through AMC Teen Adventures in NH. To nominate someone to receive a scholarship, send a letter explaining why the individual should be considered for this scholarship to: Dick Don AMC, Harry Duren Scholarship, 403 West Center Street, Manchester, CT 06040. Donations may be sent to the same address. Deadline for nominations is April 10th each year.

For information call Dick Don at (860) 647-0688, or Dr. Jenifer Nadeau at (860) 742-7203 or email: [jnadeau@canr.uconn.edu](mailto:jnadeau@canr.uconn.edu)

... *A View From the Chair, continued from page 1*

have an area of expertise that you would be willing to share with your fellow hikers or other activity participants. Sharing your interest in wildflowers, fauna, geology, history, fish, etc., makes AMC activities more interesting. We'll pair you up with an activity leader on a day that works for you.

The best part about being a member of the AMC in Connecticut is that we share our love for the outdoors. This common interest allows for instant camaraderie. This is your club and there are many opportunities to actively participate. Come out and meet your fellow members; You'll be glad you did!

# August Camp Attracts AMC Adventurers

By Paula Burton

So just what is August Camp? It is a week of non stop fun, enjoyment of the outdoors, great food, and great people. I was recruited to lead hikes at the camp for the week of July 19-26. I didn't have much time to think about it, and had only heard bits and pieces about the camp from various people. Now, I don't know why I hadn't attended before.



*Paula Burton on top of Sugarloaf Mountain*

The camp moves to a different site each year, and in 2003, it was in western Maine. I drove for hours on Rt. 16 in Maine to get to the beautiful site, a series of fields along the Dead River. A small city of tents lined the fields, many of them decorated with whimsical plastic figures.

August Camp accommodates about 70 people, including staff and volunteers. I am used to backpacking, and was

pleasantly surprised at the luxury of this style of camping. The hard-working crew prepares two sit-down meals a day, and a bag lunch. Most meals had an international theme, such as Thai or Mexican. The tents are canvas, tall enough to stand in, and each tent has two cots. Despite the rain every day, I stayed quite dry in the tent. Folks used their personal sun showers, or stopped at a local campground to take a shower.

Like all camps, tradition and basic rules allow 70 people to live closely together for a week without conflict. The day begins with an out-of-tune bugle call. Lunches are made, breakfast eaten, day-packs organized, canoes assigned. The daily



*Luxury tent accommodations at August Camp*

adventures begin, with groups leaving every 15 minutes from the camp mailbox or flagpole. By late afternoon, most people have returned, some taking a dip in the river, others sitting outside their tents enjoying socializing. The gong rings for dinner and the tired, hungry campers sit down for a five-course dinner, which includes soup, salad, fresh bread, entrée, and dessert. Every night a campfire lit the circle of faces, and the day's adventures related. Some stayed to sing songs I haven't heard since I was a kid at summer camp.

I am an inveterate peak bagger, and even though I was leading, I had the chance to bag three peaks, South Crocker, Reddington, and Sugar Loaf. Each day, the four hike leaders were assigned to do specific hikes of varying difficulties. I enjoyed the group of hikers very much, seeing

some of them gain the confidence to do hikes that they had not attempted before. The Appalachian Trail runs through the area, providing numerous opportunities for "A" and "B" hikes. The "C" hikes visited waterfalls, ponds, and other points of interest. While hiking I saw three moose, a barred owl, a fox, and a couple of snakes. At least the snake I saw was on the trail. One night, a fellow camper found a snake curled up on his cot!



*Happy August Campers endure windy conditions atop Mount Abraham*

*Mountain bikers take a break alongside Stratton Brook Pond*



August Camp is always surprising. One morning, during breakfast, a very interesting man wearing a hard

hat and vest full of implements, was walking through the camp, and at the behest of one of the volunteers, stayed to talk to us about his job as a "Tree Cruiser." The tree cruiser explained his unusual trade of counting trees and board feet per acre, all the while pulling tools such as prisms and flagging tape out of vest pockets, and telling jokes. During the week, we also had visitors from the Northern Canoe Trail; we experienced composting toilets in Bigelow Reservation, spoke to several AT through hikers, and bumped into a workshop for ridgerunners and caretakers.

Don't miss out! Find out more about August Camp for the summer of 2004. It is a great deal, being about half the price of commercially run guided camps. In addition to the established



*Hikers lounge during South Crocker AT trek*

hiking and canoe programs, August Camp also added a mountain biking program this year. Mountain bikers should be sure to check out this program. For more information, see [www.augustcamp.org](http://www.augustcamp.org).

*Photos courtesy of Paula Burton and Dale Geslien.*

# MLS: AN EXHILARATING EXPERIENCE

by Dale Geslien



*MLS student traverses raging river with rope and harness*

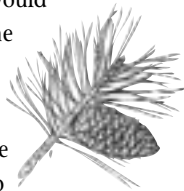
That probably isn't a word that you'd expect used to describe an educational experience, but it's one I chose after crossing two raging rivers with rope and harness, laterally crossing a wet rock slab using finger and foot holds — all with a 45-pound pack! For me, these were remarkable accomplishments that I never would have attempted alone, but was able to do with the combined resources of my backpacking group.

The most valuable lesson I learned was to fully utilize the resources of my group. It's helpful for a leader to be aware of the skills that each group member can bring to an activity, but sometimes situations occur when any member of the team will step up with a skill you didn't know you needed.

When I was frozen, spread-eagle against that rock slab, thinking there was nowhere to make my next move, it was my teammate Timm's calming voice and words of encouragement that helped me succeed in

Exhilarating! That's the word I used at the graduation ceremony to describe my Mountain Leadership School (MLS) experience when asked by Mike Tarmy, this year's AMC MLS director.

That probably isn't a word that you'd expect used to describe an educational experience, but it's one I chose after crossing two raging rivers with rope and harness, laterally crossing a wet rock slab using finger and foot holds — all with a 45-pound pack! For me, these were remarkable accomplishments that I never would have attempted alone, but was able to do with the combined resources of my backpacking group.



that crossing. The same type of camaraderie and safety awareness was evident as we plunged through class 4 rapids. It became very clear that the strength of the group surpassed that of any individual.

My MLS experience began with a day of instruction and group assignments at Joe Dodge Lodge located at Pinkham Notch in New Hampshire's White Mountains on June 11, 2003. Students represented a wide age range and came from as far away as Pennsylvania and Canada. We covered such topics as leadership styles, trip planning, and time management.

The Connecticut Chapter was well represented on MLS staff with Jeff Hogan, a former MLS director, presenting a session on Accident Scene Management, and Leo Kelly, MLS Instructor and CT Chapter Education chair, conducting a Leave No Trace session.

After group and instructor assignments were announced, the groups met separately and started the bonding process. An initial leader and co-leader of the group were assigned, and preparations for a three-night, four-day backpack adventure began. Group gear and food needed to be distributed equitably among the participants. During the next four days we would all experience partaking in leadership roles that would test our abilities to manage different situations. We were assigned various role-plays to simulate backcountry scenarios but, because some "actors" were so convincing, we were never quite sure if we were responding to a role-play or a real life situation.



*MLS participants enjoy a break at Eagle Crag*

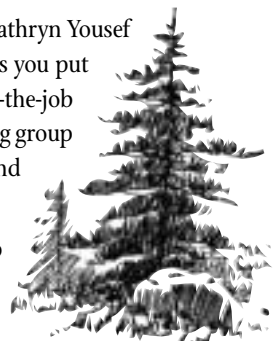
As my group's instructors, Bryan Courtois and Kathryn Yousef told us, you get as much out of the experience as you put into it — experiential education or, basically, on-the-job training. I was part of an experienced backpacking group and we all stood up to the challenge of testing and enhancing our leadership skills.

I highly recommend Mountain Leadership School to any of our CT Chapter hike leaders who would like to expand their training, and to those experienced hikers considering a leadership role. MLS provides you with advanced training, invaluable insights, and a life experience you'll remember for years to come.


*Photos courtesy of Dale Geslien.*



*Mountain Leadership School attendees outside Joe Dodge Lodge*



**Come to AMC's  
White Mountain Weekend  
at the newly opened Highland Center!**



*The recently opened Highland Center at Crawford Notch*

On November 7-9 celebrate the past, present and future of the White Mountain National Forest. You can stay for the whole weekend, or just stop in for the morning and learn about White Mountain history, the importance of the region's forest, and why your voice is important in charting the future of this special place. Activities will include natural and cultural history hikes, slide shows, activist workshops, local exhibitors, good food, music and dancing. Participants in this weekend will come away with a better appreciation of the value of the White Mountains, as easy ways to get involved in protecting what makes this place so special. For more information, contact Bryan Wentzell, [bwentzell@amcinfo.org](mailto:bwentzell@amcinfo.org) or (617) 523-0655 ext. 386.

# Trail News from the Connecticut Forest & Park Association

by Adam R. Moore, CFPA, Executive Director



**I**s your “Connecticut Walk Book” starting to get a little worn? Well, maybe not the indestructible cover, but perhaps the pages are getting ragged, especially the ones for the trail sections that you love?

Or, has your favorite trail been rerouted, and rendered your “Connecticut Walk Book” less and less useful? If so, what you need is a new “Connecticut Walk Book,” and a year from now the Connecticut Forest and Park Association will have just that.

The Association plans to release the 19th edition of the “Connecticut Walk Book” in October of 2004, in time for the fall hiking season and, more importantly, in commemoration of the 75th anniversary of the Blue-Blazed Hiking Trails, which will begin in 2004 and continue through 2005. The new edition of the walk book will remain the official, authoritative guide to hiking the Blue-Blazed Trails, but other than that it has been completely redesigned.

Last year, a “Connecticut Walk Book” committee, convened by CFPA President Dick Whitehouse, began studying the walk book and taking an “outside the box” look at it. The committee looked at other trail guides, other maps, old walk books, and the current walk book, from cover to cover. They noted what they liked, noted what they didn’t, and came up with a vision for the new edition. The field work involved in producing an accurate, reliable walk book, however, actually began several years ago.

Four years ago, CFPA Trails Committee Chairman Robert Morrison began an effort to map, with Global Positioning System (GPS) equipment, every inch of the 700-mile Blue-Blazed Hiking Trail System. He succeeded. The field mapping effort was completed in the summer of 2003, by Mr. Morrison and a crew of dedicated volunteers profiled in recent issues of *Connecticut Woodlands* and *AMC Outdoors*.

What does one do with all that GPS data? Ann Colson, Trail Conservation Coordinator for CFPA, takes all the GPS data and makes a map of each trail using a Geographic Information System (GIS) computer program. Barring any unforeseen obstacles, Mrs. Colson, too, will have mapped every inch of the Blue Trails by the end of 2003.

These GPS/GIS trail maps will serve as the section maps for the new walk book. But what about the mile-by-mile trail descriptions? As you read this article one of the CFPA trail managers is out on his trail, holding a new map and the old description, and is walking up and down the path, checking every word. Having “ground-truthed” the map and description, the trail managers are editing the text and sending the marked up copy back to CFPA headquarters.

The edited descriptions then go to Cindi Pietrzyk. Mrs. Pietrzyk, who edited the latest edition of “Short Nature Walks in Connecticut,” is the

## 2004 Executive Committee Nominations

**In accordance with the Chapter Bylaws, the Nominating Committee is pleased to present the following slate of candidates:**

Chapter Chair	Dale Geslien
Vice Chair	Fred Iannotti
Secretary	<i>Open</i>
Treasurer	Al Puches
Bicycling	Doug McKain & Rick Merritt
Conservation	John LeShane & Jim O'Rourke
EOR	Barry Resnick & Carol Hasset
Editor CT Backcountry	<i>Open</i>
Education	Leo Kelly
Excursions	John Barry
Fairfield Country Group	Tom Carruthers
Flatwater	Jean Trapani & Diane Worden
Membership	Mary Ann Kouyoumjian & <i>Open</i>
Member At Large	Bill Russell
Mountaineering	Rebecca Ford & <i>Open</i>
Newsletter	Mike House
Northwest Camp	<i>Open</i>
Program	David Bellemare
Trails	Dave Boone
Webmaster	Jim Scheef
Whitewater	Mark Schappert & Dennis Wigg
Young Members	Darron Kannenberg & David Bellemare

**Elections will be held at Annual Meeting on  
Saturday, November 15th, 2004**



*The bike bridge on  
the Narrow Gauge Trail*

editor of and project manager for the 19th edition of the “Connecticut Walk Book.” Mrs. Pietrzyk and the Trail Descriptions Subcommittee will fact-check each description first. She will then edit each entry for style and grammar, and compile the descriptions into a separate chapter of descriptions and maps for each trail. Where appropriate, Mrs. Pietrzyk will also insert vignettes about items of interest along the trails: charcoal mounds, stone walls, the Leatherman’s cave, and so on.

Pages for the walk book will be laid out by Nancy Freeborn and the text and maps will fit between a handsome cover designed by Peter Good of the Chester, Connecticut design firm of Cummings & Good.

So hang onto your walk books for just a little longer, and get ready to hike with a new one next fall!

*Photos courtesy of Dale Geslien.*

# ATC Biennial Summits N.H.

By Dave Boone, Trails Chair



A view of the The Horn as seen from Saddleback

Nestled below spectacular 4000 foot peaks, Waterville Valley provided the perfect backdrop for the Appalachian Trail Conference's 34th Biennial. The meeting was hosted by the AMC between July 26 and August 1 and featured the theme "Stewardship, Education, Action." The numerous hikes and workshops worked to give life to the theme. Nearly 100 hikes were led out of Waterville, some to the highest peaks of the White Mountains and others to less lofty but as beautiful settings.

One comment often heard in the dining area was that a hike classified as "easy" in the Whites is quite different from an "easy" hike in areas farther to the south! The nearly 100 workshops offered something for all interests, ranging from learning about the newest footwear and other gear to cable-rigging and use of crosscut saws. Evenings usually featured entertaining musical presentations, but one evening showcased the debut of a new film on those who didn't finish a thru-hike of the Appalachian Trail.

Your Trails Committee exhibited a display explaining the work we do as managers and maintainers of the AT in Connecticut. We were joined by exhibitors from other AT maintaining clubs, agency partners, and equipment vendors. The exhibit area is always a popular attraction, as is the AMC and ATC bookstores.

## Make the Short Notice "E-List"

Now there is a new "electronic" system, which allows subscribers to receive email about hikes and XC ski events planned at short notice. This allows leaders to set up more hikes and will allow XC ski events to be set up in response to snow falls. Refer to the table below so you can make our "E-List."

**Email your name and hometown to:**  
**E-List Name:** [OutingsEditor@yahoo.com](mailto:OutingsEditor@yahoo.com)  
Hikes and XC Ski events set after *AMC Outdoors* closing date.  
**Short Notice** [TheHIKEReditor@yahoo.com](mailto:TheHIKEReditor@yahoo.com)  
**e-Hiker** "The HIKER" newsletter in PDF format covers west CT & beyond. To get Hiker in the mail, call (203) 791-2697.  
**Thurs Hikes** [AMCThursHikesEditor@yahoo.com](mailto:AMCThursHikesEditor@yahoo.com)  
Hikes 5-8 miles in west CT or nearby NY

The business of the ATC is also conducted at the Conference. The National Park Service with "Silver Service Awards" recognized CT Chapter Trails Committee members Dick Blake and Norm Sills in recognition of 25 years of active volunteer service. Ann Sherwood and Bill O'Brien of Connecticut were elected to the ATC Board of Managers.

The Biennial Meeting never disappoints. You are invited to the Southern Highlands of Tennessee, July 1-8 2005 for the 35th meeting! As they say down there, "y'all come"!

*Photo courtesy of Dale Geslien.*

... Annual Meeting continued from page 1

A 5 PM social hour (with a cash bar) will precede the 6 PM dinner, which is followed by a brief business meeting at 7:15 PM, then Cindy Ross's evening program at 8 PM.

**Workshops only.** Cost of the afternoon workshop sessions alone is \$5, payable at the registration desk.

**Evening presentation only.** Cost of admission to Cindy Ross's after-dinner presentation alone is \$5, payable at the registration desk.

**Please note.** Dinner reservation form and meal choices are on the page 7 of this newsletter. The three meal choices are: Penne Mediterranean (vegetarian); Roasted Tuscan Chicken; or Grilled Salmon.

**Used Equipment Sale** - AMC members are invited to bring their old coats and boots, packs and tents, and unwanted outdoor gear to the Chapter's annual Used Equipment Sale at the Annual Meeting. It's a great opportunity to both buy and sell "preowned" outdoors stuff. The Chapter retains 25 percent of the sale price for Connecticut state sales tax and as profit. The remainder is returned to the seller. The sale starts at 1 PM and closes at 4:45 PM. Cash and checks ONLY! (Sorry, NO credit cards.)

**Important.** Sellers may drop off items for sale between 12 NOON and 1 PM. Sellers are responsible for filling out price tags and leaving an SASE (stamped, self-addressed envelope) to receive their checks by mail.

Unsold items must be retrieved by 4:45 PM. We'll donate all unclaimed items to nonprofit organizations.

**Book Sale** - Our book sale offers the latest books from AMC, ATC, DEP, and New England outdoor organizations. Browse through our wide array of books, trail guides, maps, and pins. Prices include Connecticut sales tax. Sale hours: 1 PM to 4:45 PM.

### Annual Meeting Schedule

9:00-12:00 CPR course (advance registration required)  
1:00 Registration (please pick up name tag and dinner ticket)  
1:00 Book Sale  
1:00 Used Equipment Sale  
1:15-4:45 Workshops  
4:45 Owners retrieve unsold equipment  
5:00 Social Hour (with cash bar)  
6:00 Dinner  
7:15 Annual Business Meeting  
8:00 Evening Program "Scraping Heaven: A Family's Journey Along the Continental Divide"  
9:30 Adjournment

### Directions to Farmington Marriott

Ten minutes southwest of downtown Hartford and 25 minutes from Bradley International Airport, just off Interstate 84 at Exit 37. You can't miss it! The street address is: 15 Farm Springs Road. Farmington Marriott telephone number: (860) 678-1000.

# AMC-CT Chapter • Annual Meeting Reservation Form

\* Saturday, November 15, 2003 \*

NOTE: You won't receive a dinner reservation confirmation.

Instead name badges distributed at the Registration Desk will serve as your Annual Meeting admission ticket.

NOTE: Pay \$5 at the door to attend the afternoon workshops only, or to attend evening program ONLY.

CANCELLATION POLICY: A full refund will be made until November 8.

After that, we'll refund payments ONLY if we're notified by 12 NOON on the day of the dinner AND we are able to re-sell the ticket.

Dinner reservation must be picked up at the Reservation Desk by 5 PM the day of the meeting.

Reservations not picked up by 5 PM may be re-sold.

Cost: Dinner \$29.00 includes all programs

Dinner Choices: Penne Mediterranean (vegetarian); Roasted Tuscan Chicken; or Grilled Salmon.

To make dinner reservations, fill out this form legibly and mail with your check payable to "AMC-CT Chapter" to: Jeri Jaminet, 59 Birch Rd., South Windsor, CT 06074 jerijoy@cox.net

Reservations Must Be RECEIVED by Jeri Jaminet by Saturday, November 8, 2003

I enclose \$ \_\_\_\_\_ payable to "AMC-CT Chapter" for \_\_\_\_\_ dinners.

*(Dinner price includes the evening program and workshops.)*

First and Last Name (Name on Name Tag)	Meal Choice	Price @ 29 each
1. _____	_____	\$ _____
2. _____	_____	\$ _____
3. _____	_____	\$ _____
Your Phone Number: _____		Total \$ _____

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## AHA HEARTSAVER CPR COURSE. Learn Adult CPR and first aid for choking lifesaving skills for all!

Advance registration required. For info/registration, contact: Leo G. Kelly (203) 934-1350 or LGK48@aol.com

Fee: \$30 check payable to: "Leo Kelly." Class size limited. CPR course starts 9 AM, ends 12 NOON.

**Book Sale Chapter** \* **Committees Information Booths** \* **Used Equipment Sale**

### AFTERNOON WORKSHOP SCHEDULE

**1:15 - 2:15 pm**

**Sea Kayaking:  
What Boat is Right for You?**

Sarah Dubois  
North Cove Outfitters

**Hiking the AT**  
Mama Lipton's  
Appalachian Adventure  
Sue Spring

**Leadership Training**  
Train the Trainer  
Part I  
Leo G. Kelly

**The NEW Upper Housatonic Valley  
National Heritage Area**

Ron Jones  
Upper Housatonic Valley Nat'l Heritage Area

**2:30 - 3:30 pm**

**Thrills & Spills**

Hiking the Whites with Llamas  
Part I - Deborah Frock & llama "Avatar"  
Fairfield Llama Farm

**Meta-Matta**  
Creation of a National Scenic Trail  
Ann Colson  
CFPA

**Leadership Training**  
Train the Trainer  
Part II  
Leo G. Kelly

**Building Structures on  
the Appalachian Trail**

Birge Dayton

**3:45 - 4:45 pm**

**Thrills & Spills**

Hiking the Whites with Llamas  
Part 11 - Deborah Frock & llama "Avatar"  
Fairfield Llama Farm

**You Can Become an  
Appalachian Trail Maintainer,  
Monitor, or Guide**  
Dave Boone

**Bicycle Maintenance  
& Repair Clinic**  
Paul Rock

Bike Aficionado Extroidinare

**Creating the East Coast Greenway**

Karen Voltava  
East Coast Greenway Alliance

\* \* \* SPECIAL AFTER-DINNER PRESENTATION \* \* \*

Cindy Ross's Exciting Multimedia Slide Show Put to Music: "Scraping Heaven: A Family's Journey Along the Continental Divide"